

# **Concrete Embed Anchor Strap** USER'S INSTRUCTION MANUAL

PLEASE NOTE: This manual meets the "Manufacturer's Instructions requirements of ANSI A10.32-2004 and ANSI Z359.1-2007. It should be read completely and used as part of the User's Training Program as required by OSHA (1910.66, Appendix C).

## Warning!

This is a design-compatible component of a comprehensive FallTech Personal Fall Arrest System. As a USER, YOU MUST READ AND FOLLOW THE MANUFACTURER'S INSTRUCTIONS, LABELS AND WARNINGS for each component part of the complete system before usina it.

If you do not understand the Instructions, Labels and Warnings for the use and maintenance of this component, have them explained to you. ANY MISUSE OF THIS COMPONENT, ANY ALTERATION OR MODIFI CATION OF IT, OR FAILURE TO PROPERLY FOLLOW THESE USER'S INSTRUCTIONS MAY RESULT IN SERIOUS INJURY OR DEATH. ATENCION: TODOS LAS PERSONAS QUE USEN ESTE EQUIPO DEBERAN LEER Y COMPRENDER O TENER A ALUIEN QUE LES EXPLIQUE LAS SIGUENTES INSTRUCCIONES ANTES USARLO. EN CASO CONTRARIO SE PODRIAN PRODUCIAR LESIONES GRAVES O MORTALES.

#### Section 1 - Product Description

FallTech Concrete Embed Anchor Straps (fig 1) exceed the standards established in OSHA 1926.502 - 503 for anchorage connections. They are designed to be part of a comprehensive Personal Fall Arrest (or Restraint) System - PFAS or PRS, respectively FallTech Concrete Embed Anchor Straps are a designed to be used as a temporary anchorage connector for a PFAS or PRS. It is designed for single use ONLY. Re-use may result in serious injury or death.

The Concrete Embed Anchor Strap must NOT be used to lift, hang or support equipment. When used as a component of a PFAS, user MUST use a Full Body Harness and a Shock Absorbing Lanyard/Self Retracting Lifeline that limits free fall to a maximum of 6 feet.

When used as a component of a PRS, user MUST use either a Full Body Harness or Work Positioning Belt and a Positioning Lanyard.

### Section 2 - OSHA / ANSI Requirements

FallTech Concrete Embed Anchor Straps comply with or exceed all applicable OSHA standards for anchorage connections. For complete details, visit www.osha.gov and enter the relevant standard in the search box (1926.500 - 503). FallTech Concrete Embed Anchor Straps are also compliant with the standards established in

ANSI Z359.1-2007 as well as A10.32-2004. Consult with an authorized distributor or qualified or competent person for further details on compliance.

Section 3 - Important Do's and Don't's

►DO◀

Do use this component only with other system compatible components of a comprehensive PFAS or PRS such as those available from FallTech.

Do use this component only in a system which limits free falls to 6 feet or less.

Do use extreme caution when rigging this system.

Do rig this system to avoid the hazards of swing falls and with an appropriate clear fall distance.

Do provide a means of rescue and evacuation for workers should a fall occur.

## ►DON'T ◄

Don't us this component or system to hoist materials.

Don't use this component if it shows signs of corrosion or exposure to chemicals, excessive heat, flames or if there is evidence of cracking, breaking or deformation. Don't use this equipment if you are working near high voltage power lines or other energized electrical equipment.

Don't use this equipment if you are pregnant, a minor, or have reduced tolerances to fall forces by reason of age, physical condition or other pre-existing disorders. Don't use near moving machinery which may entangle any component of the system.

Don't subject system components to sharp edges or abrasive surfaces.

Don't use system if your total combined weight (body, clothing, tools, etc.) exceeds 310 lbs.

Don't use this system if there are any signs of excessive wear or structural deterioration. Don't knot components of this system. Knotting reduces component strength by 50%. DON'T USE THIS SYSTEM IF IT HAS BEEN USED TO ARREST A FALL. IF IT HAS BEEN USED TO ARREST A FALL, IT MUST BE REMOVED

FROM SERVICE AND IMMEDIATELY DESTROYED.

## Section 4 - Employer & User Training Responsibilities

OSHA REQUIRES that an EMPLOYER provide a training program for each employee who may be exposed to fall hazards. The program shall teach each employee to recognize the hazards of falling, and train each employee in the procedures to be followed to minimize fall hazards. Prior to work requiring a Personal Fall Arrest System (PFAS) (fig. 2), Personal Restraint System (PRS), the USER shall be trained by a Competent Person to properly inspect, use, store and maintain this equipment according to the requirements of ANSI Z359.1-2007 and the manufactur's

FIGURE 1

instructions As a part of the training process,

the user of this Anchor must: 1. Become familiar with ALL instructions

printed in this manual.

Be trained in the correct use of this component.

3. Be aware of its correct application and its limitations.

4. Know and understand the consequences of improper use of this component. NOTE: Your Concrete Embed Anchor Strap must be used in conjunction with a Full Body Harness and Shock Absorbing Lanyard/Self Retracting Lifeline when used as a component of a PFAS. When used as a component of a PRS, the Concrete Embed Anchor Strap must be used with a Full Body Harness or Work Positioning Belt and a Positioning Lanyard. You must select a properly rated anchor point. If you are unsure of the suitability of your



anchor point, consult your supervisor or other Competent Person Immediately.

Section 5 - The Fall Protection Plan As an EMPLOYER, you must be aware of the factors which affect the safety of workers before, during and after a fall. Having a written Fall Protection Plan before work begins is the best way to ensure the ultimate safety and well-being of your employees. Refer to OSHA 1926.503 Subpart M, Appendix E for complete details and sample Fall Protection Plan. Also see ANSI Z359.0-2006.

Your Fall Protection Plan must include:

1. Proper Anchorage: A PROPERLY SELECTED ANCHORAGE POINT IS CRITICAL TO THE SUCCESS OF A PERSONAL FALL ARREST SYSTEM (PFAS). OSHA 1910.66 APPENDIX C REQUIRES THAT AN ANCHORAGE POINT (structural beam or member) MUST SUPPORT A STATIC LOAD OF 5.000 POUNDS PER PERSON ATTACHED TO THE ANCHORAGE POINT. The anchorage point must be selected to reduce fall hazards and to avoid worker contact with objects in the fall path (fig. 3B, page 2).

2. Minimizing of swing falls: Anchorage point must be directly above user (fig. 3A, page 2).

3. Limit free fall to 6 feet or less: Users of Personal Fall Protection Systems must not work above the anchorage point (fig. 3B, page 2). The connecting subsystem of one worker (lifeline, lanyard, etc.) must not cross or tangle with that of another worker. Connecting subsystems must *never* be knotted or tied to each other. 4. Fall Path Clearance Check: The amount of clearance needed is based on the type and length of the connecting subsystem used and the location of the anchorage (fig. 3B, page 2) Total fall distance is the maximum free fall distance, 6 feet, plus the distance the lanyard shock absorber elongates (max. 3.5 feet). Total fall distance may not exceed 9.5 feet. Recommended Clear Fall Distance is 17.5 feet. 5. Avoidance of sharp edges and other hazards: You must protect workers by padding and sheathing unprotected sharp edges while work is being done. All workplace hazards must be eliminated, controlled or considered before any work takes place

